



ACKNOWLEDGEMENT OF RULES & REGULATIONS

I hereby acknowledge I have read, and agree to the following:

- ✓ PARENTAL/PARTICIPANT RULES & REGULATIONS
- ✓ PARENT'S CODE OF CONDUCT
- ✓ POP WARNER TEAM CONTRACT
- ✓ PARTICIPATION AGREEMENT & ACKNOWLEDGEMENT OF RISK
- ✓ POST SEASON RESPONSIBILITIES

By signing below, I acknowledge that I have received, read, and understand the rules and regulations that I have read, including Parental/Participant Rules & Regulations (including fundraising and volunteer requirements), Parents Code of Conduct, Pop Warner Team Contract, Release & Acknowledgement of Risk, and Post Season Responsibilities, and I agree to abide by these terms.

I AM ALSO AWARE THAT SHOULD I NEED TO REFRESH MY MEMORY ON THESE RULES & REGULATIONS, I CAN FIND THEM ON THE POP WARNER WEB SITE UNDER "FORMS".

I ALSO UNDERSTAND AND AGREE TO THE FOLLOWING:

1. REFUNDS --
 - FULL REFUNDS PRIOR TO UNIFORM DISTRIBUTION.
 - 50% REFUNDS BETWEEN UNIFORM DISTRIBUTION AND AUGUST 15TH.
 - NO REFUNDS AFTER AUGUST 15TH.
 - ALL REFUND REQUESTS MUST BE MADE ON A REFUND REQUEST FORM AND BE SUBMITTED DIRECTLY TO THE BOARD, AND ALL UNIFORMS MUST BE RETURNED.
 - NO REFUNDS ON RAFFLE MONEY
2. VOLUNTEER/UNIFORM DEPOSIT - I UNDERSTAND THAT MY UNIFORM DEPOSIT WILL BE CASHED IF:
 - I DO NOT SIGN UP AND WORK MY DESIGNATED VOLUNTEER DUTY (I.E. SNACK STAND), OR
 - I DO NOT RETURN MY UNIFORM ON TIME OR MAKE ALTERNATE ARRANGEMENTS
3. UNRETURNED UNIFORMS WILL BE SUBJECT TO LEGAL ACTION WHICH MAY INCLUDE FILING A POLICE REPORT AND/OR SMALL CLAIMS COURT ACTION. ALL UNIFORMS ARE THE PROPERTY OF BRICK POP WARNER DRAGONS.
4. BOUNCED CHECKS WILL BE SUBJECT TO A \$20 FEE IN ADDITION TO PAYMENT OF THE ORIGINAL AMOUNT. PARTICIPANTS BOUNCING CHECKS MAY BE REQUIRED TO PAY CASH FOR FUTURE FEES.

Child's Name(s) _____ Date _____

Parent's Signature _____ Date _____

PARENTAL/PARTICIPANT RULES & REGULATIONS

Welcome to the Brick Pop Warner Dragons Cheer and Dance Programs. Practice officially starts on or about August 3, 2009. For the month of August, practice will be held Monday through Friday up to 10 hours per week. After Labor Day, practice will be limited to six hours per week.

RULES AND REGULATIONS

A child will not be allowed to participate at practice on (or about) August 3rd unless they meet the following criteria:

- *1. Registration fee paid in full
- *2. JSPWFL Doctor's certificate received
- *3. Picture of player received
- *4. Copy of Birth Certificate (Original may be required by Jersey Shore League Officials).
- *5. **Copy of Report Card received (from previous ending school year).
MUST BE LEGIBLE AND HAVE ALL FOUR QUARTERS.**
6. Parental Contract to participate signed
7. Volunteer/Uniform Contract is signed and \$100.00 deposit is paid
8. Participant is required to purchase Kelly green shorts and T-shirts for practices
9. One \$80.00 raffle ticket book is purchased (Maximum 2 books per family)

*These are Jersey Shore Pop Warner Football League regulations and they will be strictly enforced.

As a member of the Brick Pop Warner Dragons Cheer and Dance Programs, you have made a commitment to **YOUR TEAM**. This means that any practices, games, fund-raisers, or any activity in connection with **YOUR TEAM** comes first.

Each participant must always abide by the following rules.

A. ATTITUDE

1. Always show respect towards all coaches and fellow teammates. Pursuant to Pop Warner Rules, any misconduct and/or extreme disciplinary problems by a player will result in a mandatory cut from the team. No refund of registration fee will be issued.
2. Always show respect for the uniform, the organization, and the town it represents.
3. Always show respect to other teams and their coaches.
4. Always stay together as a team, do not wander off.
5. Any confrontation, either verbal or physical by a parent or player, will not be allowed during any Brick Pop Warner Dragons event. This could result with immediate suspension from the team.
6. **No chewing gum** during games, practices and competitions.
7. **No eating** during games, practices and competitions.
8. No smoking, drugs, or use of alcohol.

B. ATTENDANCE

1. Attendance will be taken at each practice and game. The success of the team depends on many elements. One of the most important is the team practicing together without any players being absent. Illness will be an acceptable excuse for missing practice, however, a phone call to the Head Coach prior to the start of practice is mandatory. A doctor's note may be required.
2. Lateness is defined **as not being at the practice or game and ready to begin** at the time designated by the Head Coach.
3. All participants must arrive at game day activities at the time the coach specifies. **All participants, Cheer and Dance are required to stay for their entire game.** They must stay together and participate in game day activities to show support for their team. All participants must participate in regional and playoff games.
4. At all practices, games and competitions, each participant should bring a water bottle. Water is the

best drink for athletes.

5. Please try to schedule all vacations prior to the start of the season.
6. Excessive absences may result in forfeiture of a spot on the team.

C. DEMERITS

The following is a detailed list of rules regarding practices, season play and competition. **These will be strictly enforced.**

1. Practice will be at least three times a week, unless otherwise stated by the coach.
 - a. Practice can be called any day and any time a place is available. Three (3) demerits will be given for every unexcused absence. Illness will be an acceptable excuse WITH a doctor's note for missing practice.
 - b. Excessive lateness will result in the loss of one-quarter cheering time on game day, or two (2) demerits.
 - c. Three (3) demerits will be given per incident for the following:
 - Eating while in uniform
 - Wearing jewelry, nail polish, artificial nails, improper dress (jeans, wrong socks, dirty shoes, hair not in proper manner) or forgetting your poms
 - No jewelry will be worn at practice, games and competitions**
 - Fingernails shall be kept at a length appropriate for safe participation. These are Jersey Shore Pop Warner Rules and will be strictly enforced by BPWDS**
 - Only make-up of the *clean, natural* type will be permitted**
 - d. Three (3) demerits will be given for any type of disrespect to fellow teammates or coaches. Fighting or showing poor sportsmanship will not be tolerated.
2. **IF YOU RECEIVE TEN (10) DEMERITS, YOU MAY BE DISQUALIFIED FROM COMPETITION.** Coaches are required to hand in their demerits on a weekly basis to the Coordinator. Everyone must cooperate fully at all practices, games and competitions. If there are any problems, please go through the chain of command. Speak to your Head Coach first, then to your Cheer Coordinator, then to the President then, if necessary, send a letter to the Grievance Committee.

D. TRANSPORTATION

1. It is the responsibility of the parents to see that the participant has transportation to and from all practices, games, and other activities, at the time and place designated by the Head Coach. **Please be prompt.** The coaches should not have to wait for any participant.
2. All parents must be present at least 1/2 hour before practice ends. This gives parents the opportunity to receive any daily announcements, paperwork, etc., and to ensure that parents are available to pick up their child on time from the practice field. Coaches ask for parent's cooperation in this matter so that they may also leave practice and go home at the completion of practice.
3. In case of rain, you still must report to the practice field or game site and wait to receive further instructions. Parents should remain for at least 1/2 hour in case practice has been canceled due to inclement weather. If bad weather (i.e. lightning or a thunderstorm) should occur in the middle of practice, please report back to the practice field promptly to pick up your child. **REMINDER: On game days, if the boys play, the girls cheer and dance unless the game is OFFICIALLY canceled.**
4. At least one parent or guardian or adult over 21 years of age **MUST** accompany the player to and from and be present during games. (THIS IS IMPORTANT IN CASE OF INJURY).

E. APPEARANCE

1. Hair must be worn away from the face, off the shoulders and in the style the coach requires.
2. Proper dress at practice, games and competitions is required.
3. **Jewelry of any kind is prohibited at games, practices and competitions.**
4. **Nail polish and artificial nails are also prohibited at games, practices and competitions.**
FINGERNAILS SHALL BE KEPT AT A LENGTH APPROPRIATE FOR SAFE PARTICIPATION.

F. UNIFORMS

1. A participant will receive her uniform and poms **only** if her registration fee is paid, her uniform deposit is paid and any required fundraisers have been handed in.
2. During practices, all participants shall wear socks and tied athletic sneakers. Shorts, T-shirts, sweatpants and sweatshirts are appropriate for practice. Hooded shirts, over-sized shirts, jeans, jean shorts, silky or satin shorts may not be worn at practice for safety reasons.
3. Each participant will be responsible for the proper care of her uniform. **Uniforms must be clean** when they are returned at the end of the season. Uniforms should be washed separately in cool water with Woolite, on the delicate cycle and hung to dry. Uniforms **must not be dry cleaned** as per the manufacturer’s cleaning instructions.
4. Parents must sign for the uniform when it is received and also sign when they return the uniform in accordance with the parental uniform/volunteer contract. Uniforms must be returned at the designated place on the first Friday of December 2009 (exception post season teams) in order to receive your uniform deposit. No other exceptions.
5. Any part of the uniform that is lost or damaged **must be replaced at your expense. APPROXIMATE REPLACEMENT COST OF UNIFORMS:**

Shell (top)	\$95	Dance Pants	\$55	Pep Dress	\$130
Skirt	\$105	Dance Top	\$55	Jumper	\$130
Jacket	\$130	Dance Belt	\$25	Poms	\$35 per set
Warm up	\$75	Sweat Pant	\$15	Sweat Shirt	\$15
Dance Jump Suit	\$140				

6. If a participant leaves BPWDS, for any reason, after uniform distribution, she must return her uniform to the Cheer Coordinator at the next scheduled practice or you forfeit your uniform deposit.

G. MEDICAL AND SCHOLASTIC FITNESS

1. Proof of medical fitness is required. A JSPWFL doctor’s exam form must be completed within five months of the same playing year, but no earlier than January 1st.
2. Proof of scholastic fitness will be required. She will not be allowed to participate for a time to be determined by the school officials.

H. FUNDRAISING

1. Brick Pop Warner Dragons is funded primarily through fundraising activities, therefore, each participant **MUST** participate in all fundraisers.
2. Any cost for competition will be the parent’s sole responsibility to pay, however, fundraising will be made available to help recoup these costs.
3. Each Pop Warner participant is required to purchase one \$80 book of raffle tickets. (Maximum two books per family.) **Raffle money is not refundable.**

I. REFUNDS

ABSOLUTELY NO REFUNDS WILL BE ISSUED AFTER AUGUST 15th or the end of the second week of practice, whichever is sooner. In order to receive a refund, all equipment must be returned as well as a completed exit survey. The Brick Pop Warner Dragons are very interested in providing the best possible organization for the children of Brick. We are concerned when a child leaves the club and would like to know if the organization could have done something different. The purpose of the exit survey is to solicit the opinions and/or reasons why a child leaves.

- FULL REFUNDS PRIOR TO UNIFORM DISTRIBUTION.
- 50% REFUNDS BETWEEN UNIFORM DISTRIBUTION AND AUGUST 15TH.
- NO REFUNDS AFTER AUGUST 15TH.

- ALL REFUND REQUESTS MUST BE MADE ON A REFUND REQUEST FORM AND BE SUBMITTED DIRECTLY TO THE BOARD, AND ALL UNIFORMS MUST BE RETURNED.
- NO REFUNDS ON RAFFLE MONEY

J. PARENTS PARTICIPATION

Due to school regulation and insurance liability, there will be no parents allowed on the practice field or floor. This will be strictly enforced. You may only park in the parking lots. When practice commences inside, the practice will be closed to parents. **YOUR** child's organization requires ALL parents to donate at least two hours of time during the season. We need cooperation from the parents in the following areas: snack stand, and 50/50-ticket sellers, etc. Your child's team parent, who will be handling the scheduling of these assignments, will contact you. If you are not contacted, it is your responsibility to contact a Brick Pop Warner Dragon official to schedule you. Parental and volunteer contracts must be adhered to.

K. COMPETITION

All of our cheer and dance squads (with the exception of our Mitey Mites and Flag Cheerleaders) will compete in competition(s) set forth by the Jersey Shore Pop Warner Football League. If our team(s) qualify, there will also be competition(s) at the State, Regional and National levels. Once the BPWDS, Inc. Board of Directors has received and considered all of the new guidelines set forth by the JSPWFL, State, Regional and National levels for the 2009 competition(s), the BPWDS Board of Directors will have the authority to make any changes or stipulations they deem necessary.

L. ALL-STAR AND SCHOOL CHEER AND/OR DANCE PROGRAMS

According to Mid-Atlantic Region Rules, cheerleaders and cheer dancers may try out for and participate in fund-raising for a non-Pop Warner cheer or dance team during the Pop Warner season. They may not be rostered on a non-Pop Warner cheer or dance team, and they may not compete on that team until their commitment to their Pop Warner football team and their commitment to their Pop Warner competition season is completed. If these guidelines are not adhered to, the participant will be removed from our Dragon team, and will not be eligible for a refund. REMEMBER: During your BPWDS season your commitment to the Dragons comes first!! BPWDS participants are encouraged to attend tumbling classes and dance classes to enhance their talents.

M. VOLUNTEER REQUIREMENT

The volunteer requirement can be fulfilled by donating a minimum of 2 hours (during a season) of your time in assisting on various duties. You are responsible for scheduling your own date and time. These duties include the following:

- Coaching - (Must be selected by head coach after submitting application)
- Snack Stand - counter help at snack stand, 50/50 sales, etc.
- Team Mom - (One per team)

(You must sign the Duty Roster in the snack stand each time you work in the snack stand)

It is your responsibility to make sure your time is recorded. Failure to return the uniform and participate as stated above will result in forfeiture of your uniform deposit.

YOUR VOLUNTEER DEPOSIT WILL BE FORFEITED IF YOU DO NOT SIGN UP AND WORK YOUR DESIGNATED VOLUNTEER DUTY (I.E. SNACK STAND)

N. UNIFORM RETURN REQUIREMENT

At the end of the season your participant's complete uniform must be returned *cleaned* (do not dry clean) on the first Friday in December at drop site, Dragon Den, Drum Point Complex in order to receive your \$100.00 uniform deposit back. Any uniform returned after this date (except Post Season teams) will forfeit return of deposit.

Please be aware, in addition to forfeiting your uniform deposit, you will be charged the cost of replacement for any pieces missing or abused beyond normal wear and tear. A complete list of uniform/equipment prices is stated in attached Rules and Regulations.

Failure to fulfill both of these requirements will result in forfeiture of your uniform deposit.

YOUR UNIFORM DEPOSIT WILL BE FORFEITED IF YOU DO NOT RETURN YOUR CHILD'S UNIFORM ON TIME (THE DESIGNATED RETURN DATE) OR MAKE ALTERNATE ARRANGEMENTS. UNRETURNED UNIFORMS WILL BE SUBJECT TO LEGAL ACTION WHICH MAY INCLUDE FILING A POLICE REPORT AND/OR SMALL CLAIMS COURT ACTION. ALL UNIFORMS ARE THE PROPERTY OF BRICK POP WARNER DRAGONS.

O. INJURY CLAIMS

Please remember, we will do everything we can to make this process work as smooth as possible, however, the timely filing of all injury claims is your responsibility. The Brick Pop Warner Dragons have no responsibility, beyond our medical insurance policy, to pay any medical expense incurred as the result of an on-field injury.

In the event that your child is injured during a practice or game, it is important that he or she gets the appropriate medical care immediately. The Brick Pop Warner Dragons carries insurance for such incidents but it is also important that you **understand and follow the process of medical claim submission**. If an injury does occur **you should let the head coach know immediately**. He will give you an accident report to fill out. Please be advised that the Pop Warner insurance is always secondary to any other insurance coverage you may have. This means that you must submit all associated medical bills to your **primary insurance carrier first**.

If there are still balances due after the primary insurance makes their payments, you must submit the balance due bills along with a **fully completed claim form** to the Brick Pop Warner Dragons 2nd Vice President. Your Head Coach or Team Parent should be able to lead you to him/her or you can contact him/her via our website, www.brickpopwarnerdragons.com. **All claims must be submitted to our insurance company within 90 days of the injury** so it's important that you follow-up on all bills in a timely matter.

P. BOUNCED CHECKS

BOUNCED CHECKS WILL BE SUBJECT TO A \$20 FEE IN ADDITION TO PAYMENT OF THE ORIGINAL AMOUNT. PARTICIPANTS BOUNCING CHECKS MAY BE REQUIRED TO PAY CASH FOR FUTURE FEES.

YOUR TIME, COOPERATION, COMMITMENT AND SUPPORT WILL MAKE YOUR CHILD'S ORGANIZATION A SUCCESS!!! We look forward to your support and to a GREAT season. Thank you.

Suzanne Puff, Cheer Coordinator - email puffmes@verizon.net - PHONE: 732-232-9449

Thank you for your cooperation.
Brick Pop Warner Dragons Board of Directors.

BRICK POP WARNER DRAGONS SOUTH, INC.
PARENT'S CODE OF CONDUCT

I hereby pledge to provide positive support, attitude and encouragement for my child as he/she participates in youth sports for the BRICK POP WARNER DRAGONS by agreeing to all of the following:

- I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials, at all times.
- I will place the emotional and physical well being of my child ahead of my personal desire to win.
- I will support coaches and officials working with my child to model appropriate behavior and encourage a positive and enjoyable experience for all.
- I will demand an environment for my child free from drugs, tobacco, and alcohol, and will refrain from their use at all BRICK POP WARNER DRAGONS events.
- I will remember that youth sports are for the children and not for the adults.
- I will do my best to make participating in BRICK POP WARNER DRAGONS fun for my child.
- I will help my child enjoy their BRICK POP WARNER DRAGONS experience by being a respectful fan, assisting with coaching or volunteering as needed and whenever possible. As both a parent and a fan, I will refrain from inappropriate, threatening or violent language, gestures or behavior aimed at officials, coaches, other volunteers or children.
- I will require my child to treat other players, coaches, fans, and officials with respect regardless of race, gender, creed, or ability.
- In the spirit of good sportsmanship I understand that I am accountable for my own conduct as well as for those attending on my behalf.

No person or persons affiliated with the BRICK POP WARNER DRAGONS may issue any statement, either written or verbal, to any newspaper, radio, television or any other media which might be interpreted to be an official statement, policy or position of this franchise or any of its affiliates without the expressed permission of the Board of Directors.

No person shall use the BRICK POP WARNER DRAGONS name or logo on any article, clothing or otherwise, without prior approval of the Board of Directors.

The President shall serve as the official spokesperson for BRICK POP WARNER DRAGONS SOUTH, INC., except in those instances where the President and the Board of Directors direct other personnel to handle public relations.

All parents and guardians of BRICK POP WARNER DRAGONS participants are expected to adhere to this Parents Code of Conduct. The signature below acknowledges receipt of this Parents Code of Conduct. I understand that failure to comply with the above may result in:

- Immediate removal from an event either by BRICK POP WARNER DRAGON BOARD members or a local Police Department.
- Depending on the severity of the offense, a two-week suspension from all BRICK POP WARNER DRAGONS activities and/or criminal prosecution.
- For repeated violations, permanent removal from all BRICK POP WARNER DRAGONS activities

POP WARNER TEAM CONTRACT

I _____ now being a member of the Brick Dragons Pop Warner program, hereby promise not to get involved with any form of tobacco products, alcohol products, or controlled dangerous substances.

I am aware that tobacco products mean the use of cigarettes, cigars, pipes, chewing tobacco or any other product made from the tobacco plant.

I am also aware that alcohol means the use of any beer, wine, liquor, whisky, or any product that contains alcohol that is controlled for sale or consumption by the Attorney General Division of Alcoholic Beverage Control.

I am further aware that controlled dangerous substances means any illegal substances such as steroids, inhalants, marijuana, crack, cocaine, amphetamines, ecstasy, GHB, or any other illegal product listed as schedule I or II of the State of New Jersey Criminal Code of Justice.

I acknowledge that if I am caught using any of the above aforementioned products that I will be subjected to suspension or expulsion from any athletics now or in the future in the Township of Brick.

I agree that this is a binding contract between me and the Coach of my team or any other Assistant Coach or Board member of the above organization.

Participation Agreement & Acknowledgement of Risk

I understand that I / my child _____ participate(s) in the above program or activity through BRICK POP WARNER DRAGONS SOUTH, INC. at my / our own risk and responsibility. The BRICK POP WARNER DRAGONS SOUTH, INC. and its coaches shall be held harmless in the event of an injury.

In the event of necessity of emergency medical treatment, the Brick Township Police and First Aid will be the immediate first responders. The injured will be transported to the nearest medical facility for treatment. Parents and/or guardians or an appropriately designated emergency contact will be advised.

POST-SEASON RESPONSIBILITIES

I understand Post-Season playoff and championship games are included in the cheer/dance season and I will follow all of the rules and regulations attend all practices and games. Any costs for competition will be the parent's sole responsibility to pay, however fund-raising will be made available to help recoup these costs.